

## Healed People, Heal People

*Natural Herbs | Healed People, Heal People*

### Cascara Sagrada Capsules 100 ct.

\$29.00



**CASCARA SAGRADA CAPSULES** - (Spanish for Sacred Bark) Use of this tree bark has been in successful practice for millennia to promote, establish, maintain and enjoy at least two or more reliable, easy and complete bowel movements per day. There need be no fear here of habit forming as this is a good habit. You can forget about at least 1/3 of all the known dis-eases listed in medical dictionaries if you make this a life style change. Cascara Sagrada does not force bowel movements, it actually gives the bowels the strength to move and strengthens them each time they move. (SEE ALSO: Cascara Sagrada, Extract)

DOSE: 1 to 4 capsules each evening as needed. Please be advised, when a person starts taking Cascara Sagrada, it may produce far more waste than normal, as it will also clean out old, uneliminated, chronic, poisonous wastes which have been plastered onto the sides of the intestines and are constantly being reabsorbed, producing various conditions of ill health. It is not unusual to lose at least 10 pounds or more in this manner and not diet.

ADDITIONALLY: Consider the use of 4 to 8 capsules of PSYLLIUM seeds, husks or hulls with a **large** glass of water for bulk and to exercise and lubricate the large and small intestines.

[Vendor Information](#)

**Customer Reviews:** There are yet no reviews for this product.  
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